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**ABSTRACT OF THE DISCLOSURE**

**[0022]**      An exterior sheathing element includes a first edge portion having a channel, and includes a second edge portion opposite the first edge portion and including a channel.

B<sub>1</sub>      At least a part of the second edge portion has a mounting tab projecting clear of the second  
5      edge portion in a substantially co-planar relationship with respect to the main body of the sheathing element.

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